



Lake Cootharaba Sailing Club

SAILING INSTRUCTIONS



Season 2018 – 2019

1. RULES

- 1.1. The term "boat" in the following rules and instructions also includes windsurfing boards.
- 1.2. Club racing at Lake Cootharaba Sailing Club (LCSC) will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the Special Regulations of Australian Sailing, ISA Introductory Rules of Sailing, the class rules of the competing boats and by these Sailing Instructions.
- 1.3. Coaching will be allowed by an Australian Sailing qualified Coach in Division 2 racing.
- 1.4. RRS rule 44.1 is changed so that the Two-Turns Penalty is replaced by a 360°-Turn Penalty.
- 1.5. Only for windsurfing boards: RRS rules B3 Touching a mark, B4 42 Propulsion, 43 Drinking Container and 44.2 360°-Turn Penalty apply. No other RRS Appendix B rules apply.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the upper level of the LCSC clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 09:30 on the day it will take effect. Any changes in the schedule of races will be posted at least 24 hours before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flagpole on the northern end of the clubhouse.

- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes RRS race signals.

5. SCHEDULE

- 5.1. Competitor meetings may be held at 09:30 on sailing days with morning and afternoon racing or at 11:30 on days with afternoon racing only.
- 5.2. Unless otherwise indicated in the sailing schedule, the first warning signal will not be made before 11:00 for morning races and not before 13:30 for afternoon races.

6. DIVISIONS AND ORDER OF STARTS

The table on attachment A shows the divisions, order of starts and flags.

7. COURSES

- 7.1. Attachment A shows the courses and how marks must be passed.
- 7.2. The approximate compass bearing of the first leg will be displayed on the start boat no later than the warning signal.
- 7.3. The numeral pennant indicating the course will be displayed on the start boat no later than the warning signal.
- 7.4. For all Morning Series races, course 1 must be used.
- 7.5. For Morning Series races mark 1 will be between 0.4 and 0.6 nm from Mark 3. Mark A will be between 0.2 and 0.4 nm from Mark 3.
- 7.6. For all Handicap Series races, courses 1 or 2 may be used at the discretion of the Principal Race Officer (PRO).
- 7.7. For all Handicap Series, mark 1 will be between 0.5 and 0.9 nm from mark 3. Mark A will be between 0.2 nm and 0.4 nm from mark 3.

7.8. The Rear Commodore may approve fewer laps to be sailed by juniors sailing senior boats or beginners. They will be scored in all events.

7.9. If the Race Committee signals a shortened course, the finishing line shall be the usual finishing line as set out in Clause 10 of these instructions. This changes RRS 32.2

7.10. If there are less than 5 boats signed on 30 minutes prior to the start of a race, the race is to be abandoned. If, at any time during the race, there are less than 5 boats on the water and no boat has finished, the PRO has the discretion to abandon the race

8. MARKS

8.1. Marks 1, 2 and 3 will be yellow inflatable buoys. A red and white check inflatable buoy may be used as replacement.

8.2. Marks A, B, 1a and 4 will be pink teardrop buoys.

9. START

9.1. The start line will be between a staff displaying an orange flag on the start boat "Jean" at the starboard end and the yellow mark 3 at the port end.

9.2. The start boat is a mark of the course and the buoy attached to the stern of the boat is a part of it.

9.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other divisions.

9.4. A boat starting later than 10 minutes after its starting signal will be scored Did Not Start. This changes RRS A4 and A5.

10. FINISH

The finish line will be between a staff displaying an orange flag on the race committee boat at the port end and the pink mark 4 at the starboard end.

11. TIME LIMIT

A boat failing to finish within 40 minutes after the first boat of its division sails the course and finishes will be scored Did Not Finish without

a hearing. This changes RRS 35, A4 and A5.

12. OBSTRUCTIONS

The finish line is an obstruction except when starting or finishing. Boats crossing this line incorrectly may be penalised.

13. SAFETY

13.1. All competitors shall signal their intention to race by signing the sign on sheet at least one hour before the scheduled start of a race.

13.2. A boat that retires from the race shall notify the Race Committee as soon as possible.

13.3. In a situation where the Safety Boat crew require assistance from the sailing fleet, the Safety Boat will fly an orange flag and sound a series of sounds signals. The nearest boats to the incident should then proceed immediately to the Safety Boat to render assistance.

13.4. At all times when afloat, all competitors shall wear Personal Floatation Devices in accordance with Australian Sailing Special Regulations Part 2, Section 5.01. Boats failing to comply shall be scored DSQ without a hearing.

14. PROTESTS

14.1. Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

14.2. For each division, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and to requests for redress. This changes RRS 61.3 and 62.2.

14.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, at LCSC, beginning as soon as practical.

14.4. Breaches of instruction 9.3 and 12 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less

than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

15. SCORING

- 15.1. Results for Handicap Series shall be based on LCSC personal handicaps (PBH) and Yachting Victoria Yardstick (YS) or Class Based Handicaps (CBH). The race committee may adjust any boat's handicap.
- 15.2. Results for Club Championship and Morning Series races shall be based on YS/CBH.
- 15.3. Morning and Handicap Series: Races scheduled - Spring 12, Summer 9, Autumn 6
- 15.4. For all series, 4 races are required to be completed to constitute a series. When 5 or more races have been completed, a boat's series score will be the total of its race scores excluding the worst 20% of its worst scores.
- 15.5. Club Championship:
12 races are scheduled. 7 races are required to be completed to constitute a series.
When 10 to 12 races are completed a boat's series score will be the total of its 9 best race scores.
When 7 to 9 races are completed a boat's series score will be the total of its race scores excluding its worst score.
- 15.6. Duty crews will be scored the average of their scores for the series in which the duty occurred.
Crews not assisting in duty roster may have a scoring penalty applied to the series score.
- 15.7. A boat that did not come to the starting area (DNC) shall be scored points for the finishing place two more than the highest number of boats that came to the starting area in any race of the series. This changes RRS A9.

16. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

17. INSURANCE

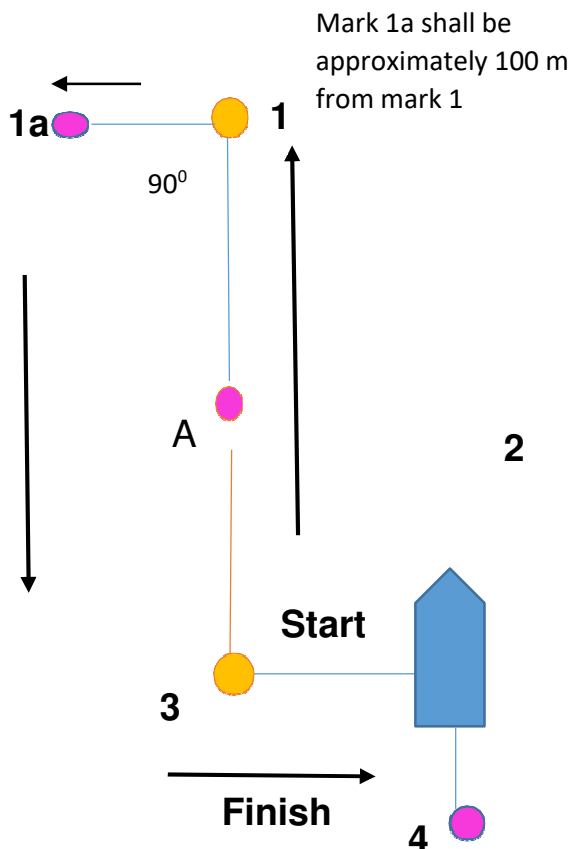
Each participating boat shall have adequate third party personal and property liability insurance

ATTACHMENT A

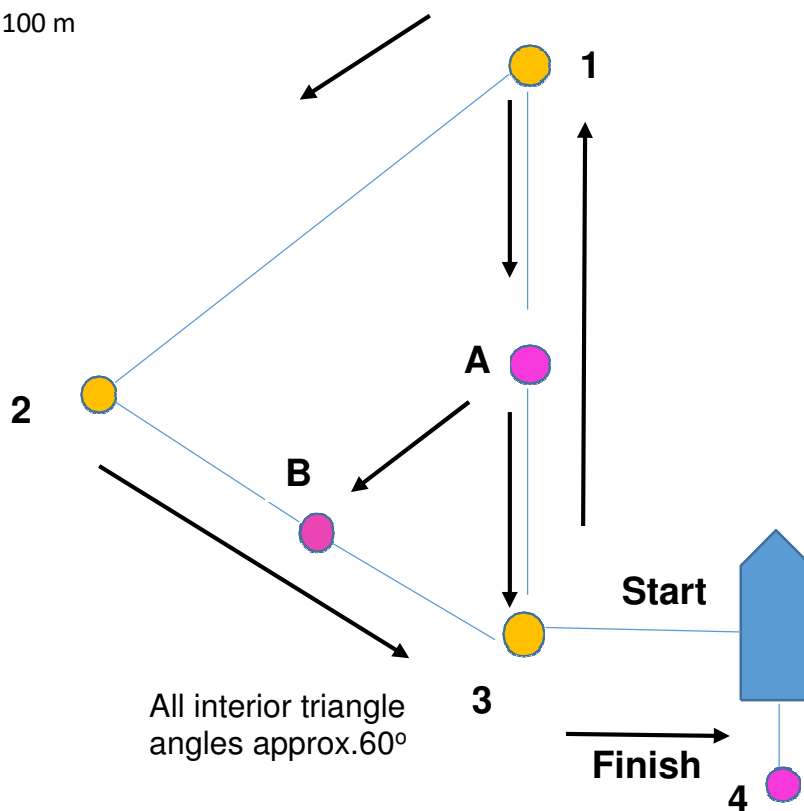
Rounding marks are to be left to port.





Course 1



Course 2



Div./Start	Flag	Type/Yardstick YS	Order of rounding Course 1	Order of rounding Course 2
1	G	Cat YS under 75	Start -1-1a-3-1-1a-3 -1-1a-3-1-1a-3 -1-1a-3-Finish	Start -1-2-3-1-3 -1-2-3-1-3 -1-2-3-Finish
		Cat YS 75-92 Mono YS under 96	Start -1-1a-3-1-1a-3 -1-1a-3-1-1a-3 -Finish	Start -1-2-3-1-3 -1-2-3 -1-3-Finish
		Cat.YS over 92 Mono YS 96-125 Trailer sailers	Start -1-1a-3 -1-1a-3 -1-1a-3-Finish	Start -1-2-3 -1-3 -1-2-3-Finish
		Mono YS over 125 and less than 150	Start -1-1a-3 -1-1a-3-Finish	Start -1-2-3 -1-3-Finish
2	E 	All boats with yardstick 150 and over and/or boats sailed by juniors or beginners	Start -A-3- -A-3 -A-3-Finish	Start -A-B-3 -A-3- -A-B-3- Finish