

Lake Cootharaba Sailing Club

SAILING INSTRUCTIONS

Season 2019-2020



1. RULES

- 1.1. The term "boat" in the following rules and instructions also includes windsurfing boards.
- 1.2. Club racing at Lake Cootharaba Sailing Club (LCSC) will be governed by the rules as defined in the [Racing Rules of Sailing \(RRS\)](#), the [Special Regulations of Australian Sailing](#) and by these Sailing Instructions.
- 1.3. RRS rule 44.1 is changed so that the Two-Turns Penalty is replaced by a 360°-Turn Penalty, including one gybe and one tack.
- 1.4. Only for windsurfing boards: RRS rules B3 Touching a mark, B4 42 Propulsion, 43 Drinking Container and 44.2 360°-Turn Penalty apply. No other RRS Appendix B rules apply.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the upper level of the LCSC clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted before 09:30 on the day it will take effect.

- 3.2. Any change to the schedule of races will be stated on the website and via email to members by 18:00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flagpole on the northern end of the clubhouse.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes RRS race signals.

5. SCHEDULE

Unless otherwise indicated in the [schedule of events](#) or [calendar](#) the first warning signal will not be made before 11:00 for morning races and not before 13:30 for afternoon races.

6. DIVISIONS AND ORDER OF STARTS

The table on attachment A shows the divisions, order of starts and flags.

7. COURSES

- 7.1. The diagrams on attachment A show the courses and how marks must be passed.
- 7.2. The approximate compass bearing of the first leg will be

displayed on the start boat no later than the warning signal.

- 7.3. The numeral pennant indicating the course will be displayed on the start boat no later than the warning signal.
- 7.4. Course 1 or 2 will be set for any race at the discretion of the Rear Commodore or PRO.
- 7.5. The Rear Commodore may approve fewer laps to be sailed by juniors sailing senior boats, beginners or any other sailors requiring special consideration. They will be scored in all events.

8. MARKS

- 8.1. Marks 1, 2 and 3 will be yellow inflatable buoys.
- 8.2. Marks A, B, 1a and 4 will be pink buoys.
- 8.3. The start/finish boat is a mark of the course and the buoy attached to the stern of the boat is a part of it.

9. START

The start line will be between a staff displaying an orange flag on the start boat at the starboard end and the yellow mark 3 at the port end.

10. FINISH

The finish line will be between a staff displaying an orange flag on the race committee boat at the port end and the pink mark 4 at the starboard end.

11. TIME LIMIT

A boat failing to finish within 50 min after the first boat of its

division sails the course and finishes will be scored DNF (did not finish) without a hearing. This changes RRS 35, A4 and A5.

12. SAFETY

- 12.1. All competitors shall signal their intention to race by signing the sign on sheet at least one hour before the scheduled start of a race.
- 12.2. A boat that retires from the race shall notify the race committee as soon as possible.

13. PROTESTS

- 13.1. Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 13.2. For each division, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and to requests for redress. This changes RRS 61.3 and 62.2.
- 13.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, at LCSC, beginning as soon as practical.

14. SCORING

- 14.1. Scoring is based on LCSC performance handicaps (PBH) and Australian Sailing Yardsticks (YS). The race

committee may adjust any boat's handicap.

- 14.2. Series scheduled:
Club Championship - 14 races,
Spring Series - 14 races,
Summer Series - 14 races,
Autumn Series - 14 races.
- 14.3. Spring, Summer and Autumn Series scores are given for both PBH and YS results.
Club Championship scores are given for YS results.
- 14.4. A boat's final score for each series will be the total of its race scores excluding up to 30% of its worst scores (max. 4 drops).
- 14.5. Duty crews will receive an advantageous score as decided by the sailing committee. This changes RRS A9.
- 14.6. A boat that did not come to the starting area (DNC) will receive a score of 20 if there were no more than 18 starters. For more than 18 starters DNC will be 2 scores higher than the number of starters. This changes RRS A9.

15. **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. LCSC will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

16. **INSURANCE**

Each participating boat shall be insured with valid third-party personal and property liability insurance with a minimum cover of \$5 million.



ATTACHMENT A

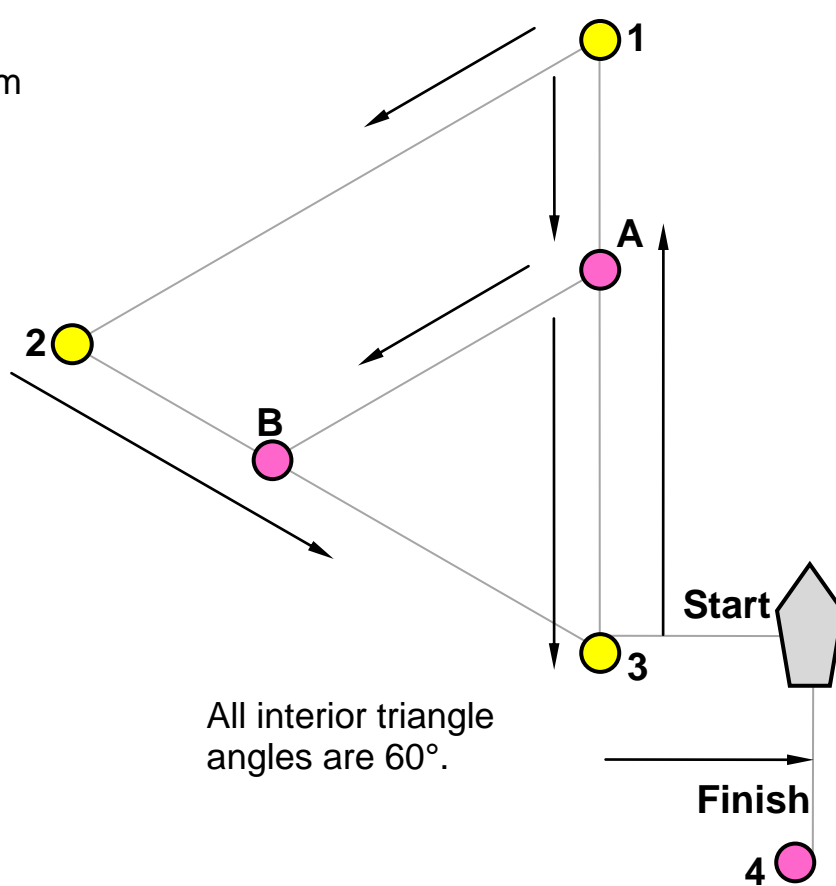
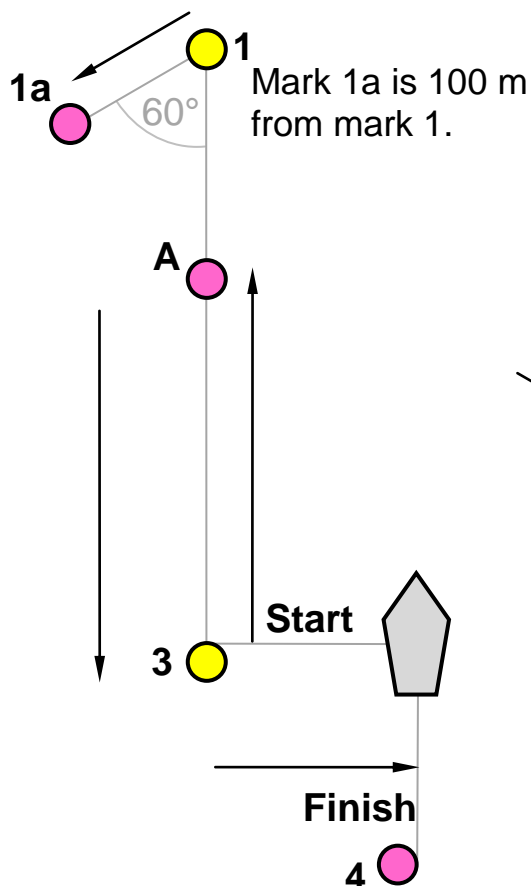
Rounding marks are to be left to port.



Course 1



Course 2



Div./Start	Flag	Type/Yardstick YS	Order of rounding Course 1	Order of rounding Course 2
1		Cat. YS under 75	Start -1-1a-3-1-1a-3 -1-1a-3-1-1a-3 -1-1a-3- Finish	Start -1-2-3-1-3 -1-2-3-1-3- -1-2-3- Finish
		Cat. YS 75-92 Mono. YS under 96	Start -1-1a-3-1-1a-3 -1-1a-3-1-1a-3 - Finish	Start -1-2-3-1-3 -1-2-3-1-3 - Finish
		Cat. YS over 92 Mono. YS 96-120 Trailer sailers	Start -1-1a-3 -1-1a-3 -1-1a-3- Finish	Start -1-2-3 -1-3 -1-2-3- Finish
		Monohulls YS over 120 to 150	Start -1-1a-3 -1-1a-3- Finish	Start -1-2-3 -1-3- Finish
2		All boats with YS over 150 and beginners	Start -A-3 -A-3 -A-3- Finish	Start -A-B-3 -A-3 -A-B-3- Finish