

1. Start Preparations

- 1.1. Check **horn** is working and facing outwards.
- 1.2. Barging **buoy** is out.
- 1.3. **Timers** are unlocked. (One of the timers is just a spare in case one fails).
- 1.4. Division flags **G**, **F** and **E** and preparatory flag **P** are in the tubes but still standing on the floor (see image to identify the flags).
- 1.5. Blue Finish Line Flag is the stern end tube but still standing on the floor
- 1.6. Individual recall **X**, general recall (**first substitute**) and postponement **AP** flags are inverted in the tubes on the bow deck.
- 1.7. Locate the shortened course flag **S** and abandonment flag **N**.
- 1.8. At least 5 min before the start (preferably longer)
course flag 1 or 2 and the magnetic **board** indicating the direction to the top mark must be visible to competitors and the **orange** flag must get hoisted with a 2 seconds sound signal.

2. Starting sequence

Time (min)	Actions	Length of sound signal (seconds)
0	G Flag up (check that it is unravelled) Press Start on Timers and switch to Locked	1
1	P up (unravelled?)	1
2	P down	2
3	G Flag down and simultaneously 2 nd F Flag up (unravelled?)	1
4	P up (unravelled?)	1
5	P down	2
6	F Flag Down and simultaneously E Flag up (unravelled?)	1
7	P up (unravelled?)	1
8	P down	2
9	E Flag Down	1

