

**Lake Cootharaba Sailing Club**  
**SAILING INSTRUCTIONS**  
**Season 2023-2024**



## **1. RULES**

1. 1.1. The term "boat" in the following rules and instructions also includes windsurfing boards.
2. 1.2. Club racing at Lake Cootharaba Sailing Club (LCSC) will be governed by the rules as defined in the [Racing Rules of Sailing \(RRS\)](#), the [Special Regulations of Australian Sailing 2021-2024](#) and by these Sailing Instructions.
3. 1.3. RRS rule 44.1 is changed so that the Two-Turns Penalty is replaced by a 360°-Turn Penalty, including one gybe and one tack.
4. 1.4. Only for windsurfing boards: RRS rules B3 Touching a mark, B4 31 Propulsion, 50 Drinking Container and 44.2 360°-Turn Penalty apply. No other RRS Appendix B rules apply.

## **2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the notice board adjacent to the club stairs before 10:30 on the day it will take effect.

also, may be emailed to registered competitors when possible (email is a courtesy only and shall not grounds for redress if not done.)

## **3. CHANGES TO SAILING INSTRUCTIONS**

3.1. Any change to the sailing instructions will be posted on the club notice board adjacent to the bottom of the steps to the clubhouse before 10:30 on the day it will take effect.

3.2. Any change to the schedule of races may be stated on the website and via email to members by 18:00 on the day before it will take effect if possible. (This is a courtesy only and not grounds for redress if not done.)

## **4. SIGNALS MADE ASHORE**

4.1. Signals made ashore will be displayed on the flagpole on the northern end of the clubhouse.

4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes RRS signals.

## 5. SCHEDULE

First warning signal will not be made before 11:00 for morning races and not before 13:30 for afternoon races. Summer Sprint races back to back with afternoon races. **Note: If a General meeting is scheduled that day the First Warning for both races shall be delayed by not less than 30 minutes.**

## 6. DIVISIONS AND ORDER OF STARTS

The table on attachment A shows the divisions, order of starts and flags.

1. A 3 min start sequence shall apply - This changes RRS 26
2. The order of starts is at the PRO discretion, pay attention to the flags flown.
3. IF a low number of entrants the PRO or Rear Commodore “may” at their discretion decide to combine divisions (\*Division Code Flags will be flown together indicating which fleets to be started together)

## 7. COURSES

7.1. The diagrams on attachment A show the courses and how marks must be passed.

**All Competitors to take close attention to the Flags being flown by the Start Boat, any verbal advice shall not be grounds for redress.**

7.2. The approximate compass bearing of the first leg will be displayed on the start boat no later than the warning signal.

7.3. The numeral pennant indicating the course will be displayed on the start boat no later than the warning signal.

7.4. Course 1 or 2 will be set for any race at the discretion of the Rear Commodore or PRO.

7.5. The Rear Commodore may approve fewer laps to be sailed by juniors sailing senior boats, beginners or any other sailors requiring special consideration. They will be scored in all events. – applications shall be in writing to the rear commodore and a written response of approval shall be received prior to any competitor sailing reduced laps.

## 8. MARKS

1. 8.1. Marks 1, 2 and 3 will be yellow inflatable buoys.
2. 8.2. Marks A, B, 1a and finish will be pink buoys.
3. 8.3. The start/finish boat is a mark of the course and the buoy attached to the stern of the boat is a part of it.

## 9. START

Starting sequence of RRS 26 is amended as follows:

<i>Minutes before starting signal</i>	<i>Visual signal</i>	<i>Sound signal</i>	<i>Means</i>
3	Class flag	One	Warning signal
2	P, U or black flag	One	Preparatory signal
1	Preparatory flag removed	One long	One minute
0	Class flag removed	One	Starting signal

9.2 The start line will be between a staff displaying an orange flag on the start boat at the starboard end and the yellow mark 3 at the port end.

9.3 It shall be the competitor's responsibility to know what flags represent and ensure they start accordingly. (Failure to do so shall not be grounds for redress)

## 10. FINISH

The finish line will be between a staff displaying a blue flag on the race committee boat at the port end and the pink mark at the starboard end.

## 11. TIME LIMIT

A boat failing to sail the correct course and finish within 40 min after the first boat of its division sails the course and finishes will be scored DNF (time limit elimination) without a hearing. This changes RRS 35, A4 and A5.

## **12. REGISTRATION & SAFETY**

12.1. All competitors shall signal their intention to race by submitting an online registration <https://lcsc.org.au/club-racing-registration/> at least one hour before the scheduled start of a race – regular failure to register as above may result in being scored DNS without hearing. (The club offers free wifi data and access to computer.)

**12.2. All boats will check in with the start boat when they arrive at the Race area by calling their sail number.** – failure to check in as above may result in being scored DNS

12.3. A boat that retires from the race shall notify the race committee as soon as possible.

## **13. PROTESTS**

13.1. Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

13.2. For each division, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and to requests for redress. This changes RRS 61.3 and 62.2.

13.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, at LCSC, beginning as soon as practical.

13.4 Arbitration as prescribed in Appendix T of the RRS will be available and scoring penalties may be applied as prescribed in RRS 41.3.

## **14. SCORING**

14.1. Scoring is based on LCSC performance handicaps (PBH) and Australian Sailing Yardsticks (YS). The race committee may adjust any boat's handicap.

14.2. Series scheduled:

Club Championship - up to 14 races, Spring Series – up to 14 races,

Summer Series – up to 14 races, Summer Sprint Champion – up to 7 races,

Autumn Series – up to 14 races.

14.3. Spring, Summer and Autumn Series scores may be given for both PBH and YS results. (PBH results may not be published till end of series)

(To be eligible for PBH a minimum of 50% of races in each series must be contested – 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> on YS are excluded from final PBH results)

Club Championship & Summer Sprint Champion scores are given for YS results only.

14.4. A boat's final score for each series will be the total of its race scores excluding up to 30% of its worst scores (max. 4 drops) – Max 2 drops for Summer Sprint Series

14.5. Duty crews (OOD) will receive average points excluding DNC. This changes RRS A9.

14.6. A boat that did not come to the start (as described in the RRS) will be scored DNC and receive three points more than the total of boats competing in that race.

14.7 A boat receiving OCS, DNS, DNF, NSC, DSQ (or similar) will be scored and receive one point more than the total of boats competing in that race.

14.8 Any races postponed or abandoned may be resailed at any time prior to the scheduled end of each series in a format as advised by the rear commodore at his discretion.

14.9 As per 2022 AS Yardstick the Weta is rated as a dinghy/mono and shall be scored accordingly.

## **15. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS rule 3, Decision to Race. LCSC will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the LCSC Club events.

## **16. INSURANCE**

Each participating boat shall be insured with valid third-party personal and property liability insurance with a minimum cover of \$10 million

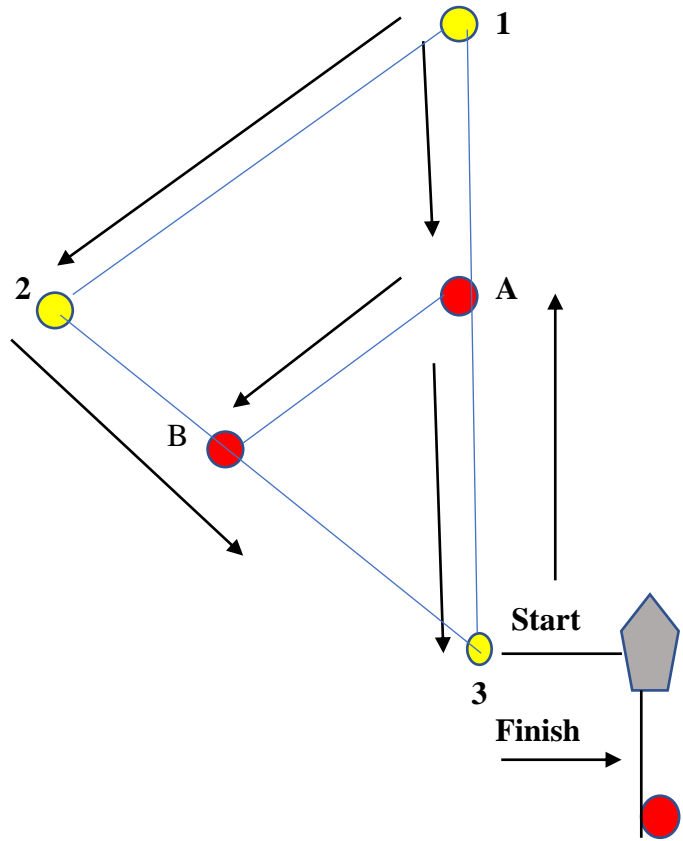
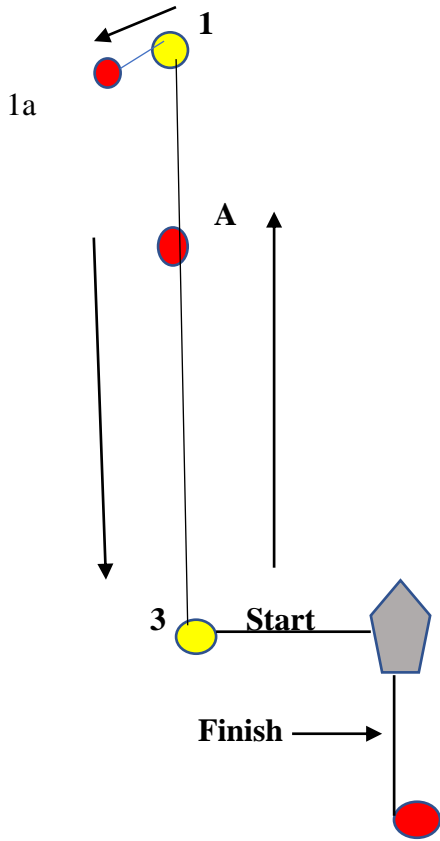
Certificates of currency may be requested at any time by the Sailing Committee.

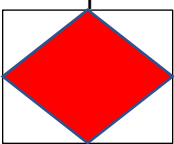
Failure to hold appropriate cover may result in DSQ for all races completed without hearing

# ATTACHMENT A

Rounding Marks are to be left to port.

Course 2 interior angles approx. 50 - 60°



Div	Flag	Type/YS	Order of rounding. Course 1	Order of rounding. Course 2
Div 1 Multi	<p style="text-align: center;">G</p> 	<p>All Multihulls</p> <p>Sprint Champ W/L Only</p>	<p>Start- 1-1a-3-1-1a-3 1-1a-3-1-1a-3 -Finish</p> <p>Start 1-1a-3-1-1a-3 -Finish</p>	<p>Start- 1-2-3 -1-3 -1-2-3 -1-3 - Finish</p>
Div 2 Mono & Div 4 (previously Div 2 boats)	<p style="text-align: center;">F</p> 	<p>All Monohulls</p> <p>Sprint Champ W/L Only</p>	<p>Start- 1-1a-3-1-1a-3 1-1a-3-Finish</p> <p>Start- 1-1a-3-1-1a-3- Finish</p>	<p>Start- 1-2-3 -1-3 -1-2-3 -Finish</p>
		<p>All boats with YS over 150 and beginners</p>	<p>Start – A- 3 A-3 A-3-Finish</p>	<p>Start- A-B-3 -A-3 -A-B-3-Finish</p>
Div 3 Weta	<p style="text-align: center;">E</p> 	<p>ALL Weta</p> <p>Sprint Champ W/L Only</p>	<p>Start- 1-1a-3-1-1a-3 1-1a-3-1-1a-3 -Finish</p> <p>Start 1-1a-3-1-1a-3 -Finish</p>	<p>Start- 1-2-3 -1-3 -1-2-3 -1-3 - Finish</p>