

1. Start Preparations

- 1.1. Check **horn** is working and facing outwards.
- 1.2. Barging **buoy** is out.
- 1.3. **Ronstan Clearstart Watch is working and set to local time**
- 1.4. Orange & Division flags **G, F** and **W** and preparatory flag **P** are in the port side tubes but still standing on the floor (see image to identify the flags).
- 1.5. Blue Finish Line Flag is the stern end tube but still standing on the floor
- 1.6. Individual recall **X**, general recall (**first substitute**) and postponement **AP** flags are inverted in the tubes on the bow deck.
- 1.7. Locate the shortened course flag **S** and abandonment flag **N**.
- 1.8. At 5 min before the first signal hoist the **orange** flag with a 2 seconds sound signal
- 1.9. Prior to the first signal, **course** flag 1, 2 or 3 and the magnetic **board** indicating the direction to the top mark must be visible to competitors.

2. Starting sequence

Time (min)	Actions	Length of sound signal (seconds)
0	1st Signal Flag up (check that it is unravelled)	1
1	P up (unravelled?)	1
2	P down	2
3	1 st Signal Flag down and simultaneously 2 nd Signal Flag up (unravelled?)	1
4	P up (unravelled?)	1
5	P down	2
6	2 nd Signal Flag Down and simultaneously 3 rd Signal Flag up (unravelled?)	1
7	P up (unravelled?)	1
8	P down	2
9	3 rd Signal Flag Down	1

