



# Lake Cootharaba Sailing Club

## Meet the Team



### Executive Committee:

- Commodore – Paul Armstrong
- Vice Commodore – David Wood
- Rear Commodore – Warren Myles
- Secretary – Robin Burgess-Limerick
- Treasurer – Jane Baker
- Member Representative – Jenny Hart
- Member Representative – David Ashton

### Paul Armstrong



**Fun fact:** Paul is an ex-marathon runner and competed in the selection trials for the 1984 Olympics (it was open to everyone!).

After many years in IT, Paul decided he needed a career change and went back to Uni to do a law degree. He was admitted to the NSW Supreme Court just before his 60th birthday. He then worked in the NSW Coroner's Court for nearly ten years.

Now retired, Paul moved to Cooroibah from Sydney with his wife Lynn in January 2023.

Paul learned to sail in the UK and before moving from Sydney, he sailed Herons at Port Hacking Open Sailing Club where he was also vice-commodore of the club.

Although Paul sails a Weta at LCSC, he still owns a number of Herons and is the President of the National Heron Sailing Association of Australia.

Paul's contact details are:

E. [paularmstrong@optusnet.com.au](mailto:paularmstrong@optusnet.com.au) or  
[commodore@lcsc.org.au](mailto:commodore@lcsc.org.au)

M. 0413 071 650

## David Wood



**Fun fact:** David was employed as an extra for a Holden TV advert and was asked to sail his Hobie Cat in the background. After this, sales of the FJ Holden took off!

David spent much of his youth on South Stradbroke Island where he learnt to sail at the age of seven in an old sabot.

During the 70's and 80's he sailed a wide variety of 'off the beach' cats including Hobie 16's.

Like many of us, David's sailing days were interrupted by family and work commitments and he only recently returned to racing after a 30-year break.

David now sails a Weta at LCSC and despite the long break, he is super-fast. He came 3rd in last year's Qld State Titles and won the Nationals held at LCSC in January 2024.

David lives in Boreen Point with his wife Ashley.

David's contact details are:

E. [vicecomm@lcsc.org.au](mailto:vicecomm@lcsc.org.au)

M. 0426 108 203

## Warren Myles



**Fun Fact:** Warren was once given a lift in a helicopter by Dick Smith who mistook him for a local dignitary.

Warren has a background in IT and telecommunications and moved to the Sunshine Coast with his wife Tracey about 20 years ago.

Warren is an experienced race officer and sailing administrator and has strong connections with Australian Sailing and many other clubs in Qld.

Warren also sails a Weta at LCSC, but prefers not to talk about his prowess on the water!

Warren's contact details are:

E. [rearcomm@lcsc.org.au](mailto:rearcomm@lcsc.org.au)

M. 0414 303 019

## Robin Burgess-Limerick



**Fun fact:** Robin was once part of a team researching how best to teach colonoscopy and learned more about the topic than he really wanted to know. The bottom line (get it?): eat more fibre.

Robin has been LCSC secretary since July 2021.

While he learned to sail as a teenager on the Brisbane River at Oxley Sailing Club, Robin has made frequent trips to the lake to holiday and sail in the 40 years since. His three children, now adults, didn't know there was anywhere else that you could go.

Robin's day job is as a researcher at The University of Queensland which he regrets allows less time for sailing than is desirable. However, when schedules allow, he and his son Ben race a Javelin (badly) at LCSC. A variety of other craft from laser, Nacra 4.5 to 6.2m Trailer Tri also see the water depending on the availability of crews and their whims.

Robin's contact details are:

E. [secretary@lcsc.org.au](mailto:secretary@lcsc.org.au)

M. 0401 714 511

## Jenny Hart



**Fun fact:** Jenny once owned a Weta (no further explanation provided!!)

Jenny is a graduate of LCSC's adult learn to sail program. Prior to her discovery of sailing, she was a competitive rower and represented Qld Masters Rowers at both national and international levels. Jenny is a retired nurse and lives in Boreen Point with her partner Grahame. She sails an MG14 with her "fabulous sailing buddy" Jane Langley and says Lake Cootharaba is her "happy place".

Jenny plays an invaluable role at LCSC as the volunteer coordinator.

## Dave Ashton



**Fun Fact:** Dave recently rode a push bike from Paris to Amsterdam via Prague – over 3,250km!

Editors note: most people would have gone via a similarly spelt city caled the Hague but not our Dave

Dave has been a member of LCSC since 2021. He started sailing at the age of 7 in Manly Juniors and has only missed a few seasons along the way. He has sailed in many classes, but through his 20s and into his 30s he sailed Gwen 12s at St George Sailing Club in Sydney, winning three National Championships. He has also sailed keelboats, with 4 Sydney-Hobart races and 9 Brisbane-Gladstone races under his belt. Dave currently sails an MG14 at LCSC.

Dave retired from his role with an industry superannuation fund in December 2022.

At LCSC Dave had taken on the responsibility of managing our boat storage operation.

## Jane Baker

Watch this space!