



May Day Regatta

Incorporating Heron Qld State Titles

2-3 May 2026

Lake Cootharaba Sailing Club

SAILING INSTRUCTIONS

1. ORGANISING AUTHORITY

1.1. The Organising Authority for this event is the Lake Cootharaba Sailing Club Inc. (ABN 30 624 557 096).

2. ELIGIBILITY

2.1. The May Day Regatta is open to all monohull off the beach dinghies excluding Wetas.

2.2. To compete in the Heron Qld State Titles:

- a) The boat must be an A Classification Heron;
- b) The skipper must be a paid-up member of the National Heron Sailing Association of Australia as at 1 May 2026; and
- c) A boat using a Genoa must have a combined crew weight of 135kg in accordance with the class rules.

3. RULES

3.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the special regulations of Australian Sailing, the relevant class rules and by these Sailing Instructions.

3.2. These Sailing Instructions supersede any conflicting information in the Notice of Race.

3.3. RRS rule 44.1 is changed so that the Two-Turns Penalty is replaced by a 360°-Turn Penalty (including one tack and one gybe).

3.4. RRS Appendix T (arbitration) applies.

4. CHANGES TO THE SAILING INSTRUCTIONS

- 4.1. Any change to the Sailing Instructions (other than a change to the racing schedule) will be posted on the official notice board at Lake Cootharaba Sailing Club at least 2 (two) hours prior to the first start signal on the day it will take effect.
- 4.2. Any change to the racing schedule will be posted on the official notice board, by 1800hrs on the day before it will take effect.
- 4.3. The official notice board is located adjacent to the bottom of the stairs leading up to the clubhouse.

5. COMMUNICATIONS WITH COMPETITORS

- 5.1. Any other notices to competitors will be posted on the official notice board.
- 5.2. A competitors' briefing will be held at 1100hrs on Saturday 2 May 2026 in the clubhouse.
- 5.3. Further briefings may be called by the race committee as required and notified on the official notice board.
- 5.4. Any notices to all competitors, including changes to the Sailing Instructions or the racing schedule, posted on the LCSC notice board will be accompanied by Code flag "L" being flown from the club's flag pole and an accompanying sound signal.

6. CODE OF CONDUCT

- 6.1. Competitors are expected to comply with the basic principles of the RRS including sportsmanship. A boat that breaks a rule and is not exonerated will promptly take an appropriate penalty or other relevant action.
- 6.2. Competitors and support persons shall comply with all reasonable requests from race officials.

7. SIGNALS MADE ASHORE

- 7.1. Signals made ashore will be displayed on the flagpole located on the northern end of the clubhouse of the Lake Cootharaba Sailing Club.
- 7.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.



8. SCHEDULE

8.1. The May Day Regatta is being held in conjunction with the Heron Qld State Championships.

Date	Time	Event	Comment
Saturday 2 May	1100 - 1130	Competitor Briefing	Upstairs in clubhouse
	Not before 1230	Race session 1	Back-to-back races
	1800 - 2200	BBQ (BYO food) Toad races!	Upstairs in clubhouse – the club bar will be open
Sunday 3 May	Not before 1030	Race session 2	Back-to-back races
	TBD	Lunch	AP over H on the start boat will signal lunch break
	Not before 30 min of AP on shore down	Race session 3	Back-to-back races
	After racing	Prize giving	Upstairs in clubhouse
Notes:	<ul style="list-style-type: none"> ○ No races will start after 1530 on Sunday. ○ Presentations will be held as soon as possible after the finish of the last race. ○ Every effort will be made to ensure no race session lasts longer than 2.5 hours. ○ For all skippers, the cost of the BBQ on the Saturday evening is included in the entry fee. Tickets for all others can be purchased on line or at the bar. 		

9. DIVISIONS

9.1. Attachment A shows the divisions and division flags. Starting of divisions may be in any order. Flags as shown in the table of attachment A will signal which division is starting.

9.2. The race committee may change divisions. This will be advised at the briefing.

9.3. Several divisions may be started at the same time at the discretion of the Race Officer.



10. COURSES

- 10.1. Attachment A shows the courses and how marks must be passed.
- 10.2. The approximate compass bearing of the first leg will be displayed on the start boat no later than the warning signal.

11. ROUNDING MARKS

- 11.1. Marks 1, 2 and 3 are yellow buoys.
- 11.2. The pin mark is a red and white chequered buoy
- 11.3. The finish mark is a Red tear drop buoy.

12. START

- 12.1. The start line will be between a staff displaying an orange flag on the start boat at the starboard end and the course side of a red and white chequered buoy at the port end.
- 12.2. The start/finish boat is a mark of the course, and any buoy attached to the stern of the boat is a part of it.
- 12.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other divisions.
- 12.4. A standard 5-minute start sequence will apply (RRS 26). Where multiple starts occur, there will be a 1 minute separation between starts.
- 12.5. A boat starting later than 4 minutes after its starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1 and A5.
- 12.6. If a general recall occurs, it is up to the Race Officer to decide whether the offending division/class waits until all other classes and divisions have started before their next start sequence occurs. Keep an eye on the flags.

13. FINISH

- 13.1. The Finish line will be between a staff flying a blue flag on the start boat and the orange finish buoy to be left to port.

14. TIME LIMIT

- 14.1. The target time for all divisions is 45 minutes from the start to when the first boat finishes.
- 14.2. For all Divisions, If a boat does not reach the first mark within 30 minutes of its start time the race will be abandoned for that division.
- 14.3. Any boat that has not finished within 15 minutes of the first boat has completed the course will be scored Time Limit Expired TLE (Time Limit Expired) without a hearing. A boat scored TLE shall receive one more point than the points scored by the last boat that finished within the Time Limit. This changes RRS 35, A5.1, A5.2 and A10.



15. SAFETY

- 15.1. All competitors and boats must comply with the safety regulations of Australian Sailing and their respective class rules. The Race Committee may reject or rescind the entry of a non-conforming boat and may disqualify a boat for a safety breach at any stage during the series without a Protest Hearing. This amends RRS63.1.
- 15.2. Competitors are not required to sign on and sign off for each race session.
- 15.3. A boat that retires from a race shall notify the race committee as soon as possible. This should be done by hailing a support boat or reporting to the nominated club official immediately on return to the beach. Unless unavoidable, a retiring boat should not inform volunteers on the Start/Finish boat of their retirement.
- 15.4. A boat retiring from a race must not sail through the start finish line until the start of the next race for the division in which she is entered.

16. EQUIPMENT AND MEASUREMENT CHECKS

- 16.1. All competing boats must comply with their respective class measurements and rules.
- 16.2. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 16.3. When instructed by a race official, a boat shall proceed to a designated area for inspection.



17. REPLACEMENT OF CREW OR EQUIPMENT

- 17.1. Substitution of skippers is not allowed unless covered by a separate entry, in which case the results for the two skippers will be counted separately.
- 17.2. For boats with one or more crew members (i.e. in addition to the skipper), substitution of a crew member is not allowed without prior written approval of the race committee and then only in exceptional circumstances.
- 17.3. Applications for a replacement of a crew member, or for a new entry for a substitute skipper, must be made in writing to the race committee no later than 80 minutes prior to the start of the race, unless in exceptional circumstances the race committee agrees this was not possible. This application will be assessed on a case by-case basis. Any change of skipper (but not crew) will cause the boat to be ineligible for major prizes and the race committee reserves the right to change the handicap of the vessel.
- 17.4. For Herons only. Substitution of sails during the event is not allowed unless authorised in writing by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race. Substitution of sails will only be approved if the previous sails have been lost or damaged.

18. SUPPORT BOATS

- 18.1. Vessels carrying team leaders, coaches and/or spectators shall stay outside areas where boats are racing from the time of the first warning signal for the first division to start until all boats have finished or the race committee signals a postponement, general recall, or abandonment.
- 18.2. The only exception to Cl. 18.1 is if the race officer, or his/her delegate, requests the relevant vessel to assist in some way on the race course.
- 18.3. Skippers of vessels carrying team leaders, coaches and/or spectators will monitor VHF channel 77 and respond to any requests for assistance from the Race Officer or his/her delegate.



19. PROTESTS

- 19.1. Protest forms will be located on a table just inside the front door of the sailing club.
- 19.2. Appendix T – arbitration shall be available.
- 19.3. The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe and to requests for redress. This changes RRS rules 61.3 and 62.2.
- 19.4. Protest notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, at LCSC, beginning as soon as practical.
- 19.5. On the last scheduled day of racing a request for reopening a hearing shall be delivered:
 - a) within the protest time limit if the requesting party was informed of the decision on the previous day,
 - b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

20. SCORING

- 20.1. Up to 7 races are scheduled and two completed races will constitute a series.
- 20.2. When four races or less have been completed a boat's final score will be the total of its race scores.
- 20.3. When more than four races have been completed a boat's final score will be the total of its race scores excluding its worst score (1 drop).
- 20.4. For all boats other than Herons, a boat's published yardstick will be used to calculate positions within its relevant divisions.
- 20.5. Every effort will be made to post progress results in a prominent position in the LCSC clubhouse. Final results will be published on the LCSC website.



21. PRIZES

21.1. The following prizes will be awarded:

Heron State Titles

- a) 1st – The Peter Carey Memorial Trophy
- b) 1st, 2nd, 3rd overall on scratch - vouchers.
- c) 1st young skipper and crew (both under 23 years of age on 1st May 2025).
- d) 1st Female skipper.
- e) 1st, 2nd, 3rd novice skipper and crew (skipper & crew must have been sailing less than 5 years) – prizes for this division kindly donated by South Brisbane SC.

Division 1

- a) 1st, 2nd, 3rd overall.¹

Division 2

- a) 1st, 2nd, 3rd overall.²

Other

- a) Any classes with more than 5 entries will be awarded their own prizes i.e. 1st, 2nd, 3rd overall.
- b) Additional prizes may be awarded at the race committee's discretion.

22. DISCLAIMER

22.1. Competitors participate in the regatta entirely at their own risk. See RRS rule 3, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

23. INSURANCE

23.1. All competing boats must have third party liability insurance cover of an amount of not less than AU\$10,000,000 for the duration of the event. By entering the event, a competitor warrants that he/she has the required insurance cover. Although a competitor may be asked to provide evidence that they do have the required insurance cover, failure to ask for such evidence does not make the organising authority liable in any way.

¹ If less than 5 boats are entered in division 1 or 2, the race committee reserves the right to provide awards to less than three places.

² See footnote 2 above.



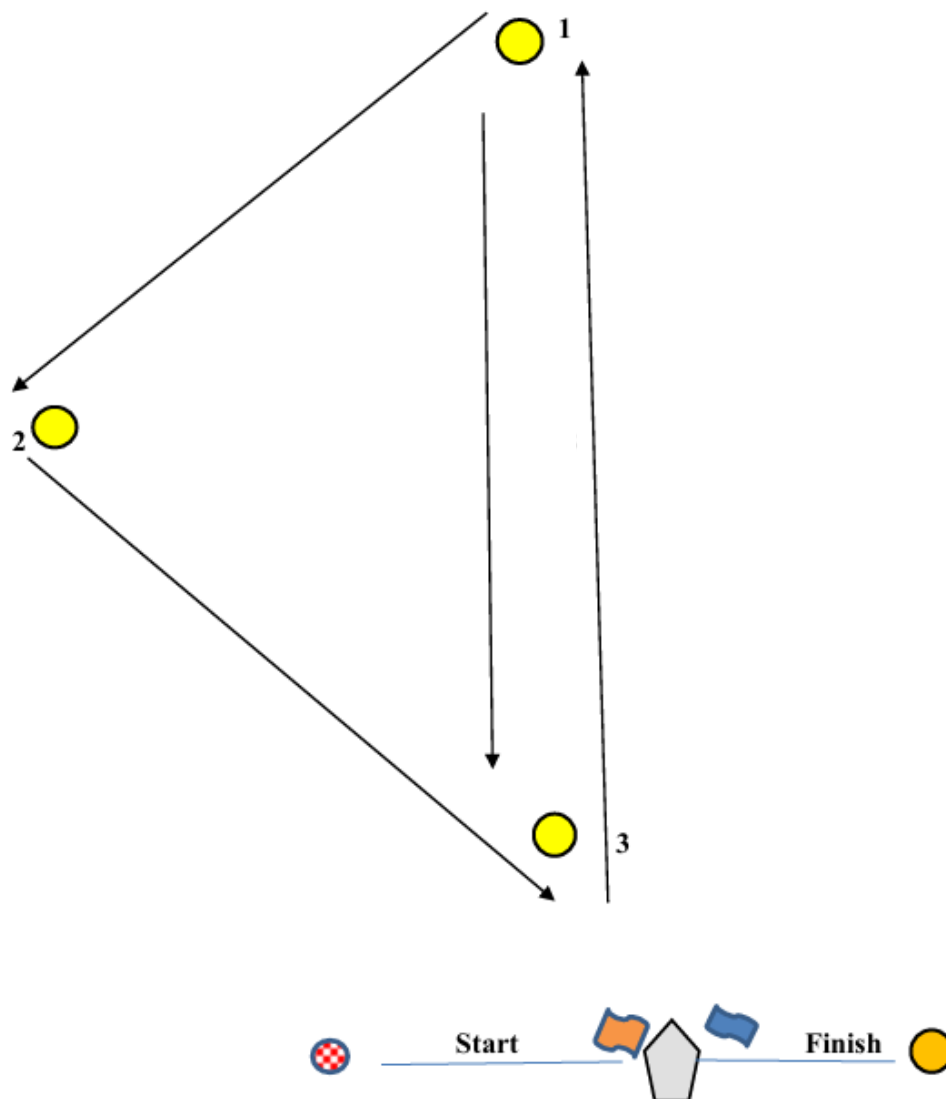
24. SUPPLEMENTARY NOTES FOR THE ASSISTANCE OF COMPETITORS




- 24.1. The speed limit on the roads leading to the club and along the foreshore is 20kph and it is important for the safety of pedestrians that this is adhered to. A 40kph speed limit applies to most other roads in Boreen Point.
- 24.2. Only limited parking is available adjacent to the beach at Boreen Point and all competitors are asked to off load their boats and then take their road trailers back to their accommodation. If this is not possible, the club's storage compound will be open, and competitors are asked to take their trailers there. The compound is around 300 metres away from the beach and volunteers will be on hand to provide directions.
- 24.3. Competitors are also reminded that Boreen Point is a quiet community, and we share the beach and the surrounding areas with local residents. Every effort should be made to respect the rights of others to enjoy the area as much as we do.
- 24.4. The sailing club is not connected to town water and relies on rainwater tanks for all its water supplies. Please use the water sparingly and do not use the tap outside the club to wash your boats down.
- 24.5. There are no grocery stores in Boreen Point. The nearest shops are at Tewantin or Pomona which are both around 20 minute's drive from the sailing club.
- 24.6. The nearest Whitworths is in Minyama which is around 1 hour from Boreen Point.



Attachment A (not to scale)

Courses & Divisions



Flag	Div.	Category/Class	Order of rounding
E 	-	Hérons only	Start – 1,2,3,1 - Finish
F 	1	Monohulls with yardstick less than 110	Start – 1,3,1,3,1 - Finish
G 	2	Monohulls with yardstick of 110 or greater	Start – 1,2,3,1 - Finish

Notes:

1. This table does not necessarily represent the order of starts.
2. The order of starts may vary from race to race.
3. Competitors must watch the flags to ascertain the start sequences.

